



Voice of the Residents

Vol. 41, No. 10

Broadmead, Cockeysville, MD

June 2020

Joyce Malone details staff reorganization due to COVID-19

By Jackie Mintz

The sweeping changes in daily routines that were enacted in response to the pandemic have affected everyone at Broadmead. Residents in independent living have been kept entirely out of the Community Center, so no exercise classes, no lectures, no book group, no committee meetings, no mail pickup with chitchat at the mailboxes, no fellowship of shared meals in the Holly Terrace or the Arbor Café. Instead, meals are delivered to residents' doors daily, and mail is delivered three times a week, a bit like room service.

These changes have been equally disruptive to the daily routine of Broadmead staff. Job assignments for many members of the Facilities staff have been changed radically. The implementation of

those changes has been the responsibility of Joyce Malone, Vice President for Facility Services, and her staff. Most of the changes were made with scarcely a hiccup, and Joyce was especially pleased to have been able to make them by using existing staff. No additional staff had to be hired. Departments particularly affected by the changes

are Maintenance, Housekeeping, Dining Services, Transportation, and Security.

In Maintenance, all regular work has been suspended, and only emergency maintenance jobs are being done. The department's five-person staff is almost exclusively assigned to delivering meals and sorting and distributing

the estimated 7,500 weekly pieces of mail.

Similarly, Transportation staff do very limited driving: the shuttle to and from the Light Rail and the few medical appointments approved by Health Services. Instead, they staff the checkpoint on Copper Beech Lane, monitoring and screening visitors to the campus. In addition,

they help with the delivery of meals from

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Joyce Malone



Victoria Allen and Angela Jones



Steve Alcarese, Steve Spacek, and Marshall Roane

Banner photo of Broadmead apiary by Erroll Hay

George Pattee explains construction delays

Text and photo by Kathleen Truelove

The York Road portion of the Maryland-T (traffic light) project began recently but came to a halt when unexpected conditions were



one of the two copper beeches

found underground. It turned out that Baltimore County's records of the location of underground public utilities for the area were inaccurate, even though the Broadmead contractor had done some focused exploratory digging in an attempt to confirm their location. But once mass excavating began for installation of the underground storm water management piping, the contractor discovered that the 30-inch Baltimore City water main that feeds the communities around Broadmead and to the north was improperly located on the public records, and is directly in the path of the proposed storm water management work.

The process required to come up with a solution and to have it approved by all necessary government agencies is expected to slow completion of this project by at least six weeks. This will delay the expected availability of the Hillside Homes for occupancy until October 20, 2020.

What, one might wonder, does that have to do with the storm water pipes and the Maryland T intersection? A sort of cascade is the answer. A zoning hearing had to be held prior to the construction of the Hillside Homes, because that part of the project increases the population density at Broadmead. The zoning change was approved on the condition that the new intersection be operational prior to the new residents moving in. Now, however, the Hillside Homes are expected to be ready for

occupation before the traffic light is in place, and hence the delay in the move-in date. A waiver is being sought to permit occupancy of the Hillside Homes without requiring the new intersection first to be operational.

Residents have been curious about the progress of renovation inside the Community Center, assuming that with the Center closed, demolition and construction could go full speed ahead there. Things, through, are not so straightforward. Systems in the building are connected. For example, the Holly Terrace and the main kitchen share electrical service, so interior work on the Holly Terrace would necessitate electricians invading the kitchen. For that reason, work inside the Community Center has been temporarily suspended in a number of areas, as detailed in the May 6 Broadmead Building Brief.

Stony Run is a separate building with its own systems, and so work there, such as on the pool and the new fitness center, can continue uninterrupted. Similarly, renovation work can continue on the garden homes because the same small construction group is used, and the workers are screened for virus symptoms just as employees are. Finally, outside work on the expansion of the Holly Terrace continues, as does work on the new maintenance building.

The *Voice* seeks a motto

All great newspapers have a motto, for example, "All the News That's Fit to Print" (New York Times), "Democracy Dies in Darkness" (Washington Post), "Light for All" (Baltimore Sun). The *Voice of the Residents* deserves one, too. To that end, a solicitation for a motto for the newsletter, not for Broadmead as a whole was sent out on the residents' listserv, and a number of suggestions were received. More are needed before a decision is made by a blue-ribbon panel consisting of residents Kitty Stierhoff and Jack Griffith, Broadmead staff Jennifer Maraña and Cindy Yingling, and the *Voice* editor. The deadline for suggestions is July 15. The panel will then consider the options and come up with a winner in time for it to appear on the banner of the September issue. What does the winner get? Bragging rights.

Broadmead welcomes

Ann Marie Hunter, D-5. 443-578-8362. ann_alto@hotmail.com. May 2020

By profession, Ann Hunter was a librarian. She worked in the Baltimore City school system for two stints between 1967 and 2007. Her last post, beginning in 1992, was at James Mosher Elementary School. She retired in 2007.



Ann Hunter

Ann's passion is singing. She has sung for over 40 years as a soloist at Christ Lutheran Church, Inner Harbor. She was a member of the Baltimore Opera chorus and of Concert Artists of Baltimore. She also sang in the Baltimore Choral Arts Society for 50 years and gave private voice lessons as well.

Ann married Dick Hunter in 2009. She has two daughters from an earlier marriage, Rebecca Berger, who just received a nursing degree from the University of Maryland, and Sarah Berger, a professional soprano and aspiring writer. Sarah has two sons; Rebecca has one. Both daughters sing with Ann and Dick at Christ Lutheran Church. All three grandsons sing in the Children's Chorus of Baltimore.

Ann moved to Broadmead from Bellona Avenue in Baltimore County, where she lived for 20 years. Born in Pittsfield, MA, she grew up mostly in Ballston Spa in upstate New York. She obtained a bachelor's degree from the College of Wooster in Ohio, where she met Dick. She has also taken graduate courses in library science at Towson University and University of Maryland, College Park.

Ann has served on the boards of the Choral Arts Society, Children's Chorus of Maryland, Mt. Royal Improvement Association, and Eutaw Place Association. After retirement, she continued at James Mosher Elementary School as a volunteer. Her hobbies include reading, gardening, genealogy, and photography.

By Jackie Mintz, photo from Ann Hunter

Richard Hunter, D-5. 443-578-8362. birlhunter@gmail.com. May 2020



Dick Hunter

Dick Hunter and his wife, Ann, moved to Broadmead in late May. With faultless timing, they had sold their house just before the state-wide coronavirus lockdown.

A music librarian, Dick spent virtually his entire career at the Library of Congress. As a music cataloger, he prepared bibliographical records for music manuscripts and printed music, books about music, and music sound recordings. Dick retired from the library in 2009, after 36 years.

That same year he married Ann. It was the third marriage for each. Dick had met Ann back in the 1960s, when they were students at the College of Wooster, Ohio. They went their separate ways after graduation, but, in 2008, Dick saw a small item in the Wooster alumni magazine about a concert at Wooster that Ann had sung in. Dick emailed her, she eventually answered, and, as the saying goes, the rest is history.

Before he moved to Baltimore in 2009, Dick lived in Alexandria, VA. He was born and raised in Indiana, PA. He obtained his bachelor's degree from the College of Wooster, a master of arts in musicology from Cornell University, and a master's degree in library science from Syracuse University.

Dick played the Highland bagpipe and was a member of the City of Alexandria Pipes and Drums for 10 years. He learned the pipes at Wooster. Dick is also an active tenor. He sang with Ann in the Baltimore Choral Arts Society and still sings in the choir of Christ Lutheran Church.

Dick describes himself as a rail fan, though nowadays it is more railroad history than watching trains. His other hobbies include bird watching and traveling, with some travel connected to his interest in rail.

By Jackie Mintz, photo from Dick Hunter

Residents recommend books to read

I reread the seven novels of Jane Austen—all 1,229 pages (including the foreword)—and I loved them. I especially appreciate her humor and just shook my head at some things that made me say, “What?” For instance, in the first paragraph of *Northanger Abbey*: “and a very respectable man although his name was Richard—and he had never been handsome.”

Carolyn Russell, F-11

The Splendid and the Vile by Erik Larson is a nonfiction book I enjoyed. It is an intimate look at Winston Churchill in the years leading up to World War II and his struggle to face the air raids that nearly destroyed Britain.

Sidney Levy, K-14

I am just about to finish Wallace Stegner’s *Angle of Repose*, which I read years ago and loved just as much this time. Maybe it touches me because I spent one wonderful winter reading my grandparents’ letters, written between 1905 and 1943. My grandmother saved everything, and I learned much about my grandparents and their kids, too. Perhaps it’s time to read *War and Peace* again. There’s plenty of time for it.

Gayle Blakeslee, H-11

A book I enjoyed very much is *Lady in the Lake*, the latest by Laura Lippman. Set in 1960s Baltimore, it is a murder mystery and has some well-drawn characters. Each chapter comes from the viewpoint of a single character, which moves the plot in an interesting way. This mystery I didn’t solve.

Kathleen Truelove, Q-7

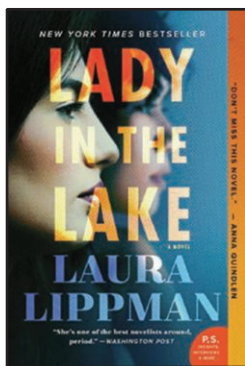
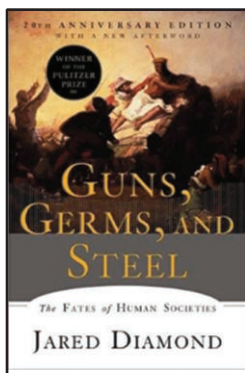
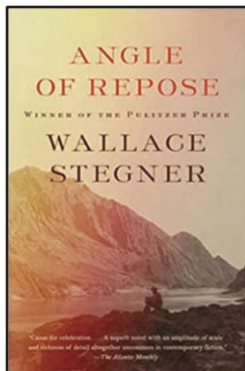
Guns, Germs, and Steel: The Fates of Human Societies by Jared Diamond, is one of my old favorites. It is long, but it is the

most interesting and informative history book I have ever read. It begins in the Olduvai Gorge and follows human migration from there. A couple of the points made are that people who had metal tools conquered or exterminated other societies, and the diseases Europeans brought to the Americas infected, then decimated, the indigenous people. It is a historical journey around the world that examines the influences that made countries what they are today.

Eric Walbeck, E-11

The Clan of the Cave Bear by Jean Auel is my book recommendation. It is a fictional story of Neanderthal and Cro-Magnon hominids, and their possible interactions. The author uses the engaging story of two people to impart information about the geology, geography, botany, and zoology of the late Pleistocene epoch, extending from 35,000 to 25,000 years ago, a minor period of warming during a glacial period in Europe. It was a great read during this time of sequestration, even though I had read it many years ago.

Karen Meadow, P-12



Broadmead Resident Email List

To join the Broadmead Resident email list, send an email to:
brabroadmead@gmail.com
(Do this also if you change your email address)

Leonard House retires: *Who will solve our tech problems?*

Text and photo by Jackie Mintz



A favorite figure on campus, Leonard House retired from Broadmead on May 1. Many residents will miss his easy-going personality and his readiness to help.

The problems Leonard assisted with were the large number that

stump the generation of current Broadmead residents: Wi-Fi that didn't work, voicemail that residents didn't know how to set up, videos that wouldn't stream and video players that wouldn't connect, Roku and Fire TV Sticks that needed installation, sound systems and speakers that needed wiring, computer mysteries of all sorts, and malfunctioning iPads and Kindles.

Notified of Leonard's impending retirement, residents responded with many notes of appreciation and regret. They lamented that they don't know what they will do without Leonard. For his part, Leonard says although he is looking forward to retirement, he will miss the many Broadmead residents that he has come to know.

Before coming to Broadmead, Leonard worked for 30 years at Giant as an all-round troubleshooter. He also opened branches, including the one in Hunt Valley. After he retired from Giant at the age of 46, he worked for 8 years at Egerton Greenhouse, a nursery in Perry Hall. In Leonard's opinion, that was, though not well paid, the most "fun" job he ever had. In addition to his "regular" jobs, Leonard helped his wife, Carol, run and operate a small farm and bakery. They grew cut flowers, fruit trees and small fruits. Now, Carol is also retiring. Their immediate plans are to babysit a new grandchild and to relax a bit.

Residents wishing to send him a card or note can do so at 5006 Long Green Rd., Glen Arm, MD 21057.

Skillful pruning revitalized an espalier in Cluster L

Photo and text by Penny Partlow

An espalier is "a plant trained to grow flat against a wall." Irene Schneider found a failed attempt at a horizontal espalier on the front brick wall of their home when she and Larry moved into Cluster L in 2004.

Irene gathered up the straggling *Euonymus fortunei* vines from the pebbles in the drip line against the sidewalk and patiently trained them into four vertical popsicle-shaped plants. Through regular judicious and artistic pruning, the vines grew into stylized trees crowned by glossy, heart-shaped evergreen leaves.

Grounds Manager Linnette Kanitz helped Irene lower the height of the plants so that she can prune them about three times a year without standing on a stool. Espalier maintenance requires dedication, and Irene says, "It makes me happy." Cluster L residents share the feeling.



Staff reorganization, continued from Page 1

Dining Services and orders from the Corner Cupboard. Like Maintenance staff, they also assist in sorting mail.

Another conspicuous change for residents in the garden homes was the discontinuation of housecleaning services. The eight housekeepers normally assigned to the clusters instead disinfect and clean the Center, a process that involves wiping down all surfaces four times a day.

Residents' reflections in the time of quarantine

What I found most difficult was not being able to visit Hallowell and my two old friends, Ruth Williams and Ruth Bronstein, who is now 102 (or is it 103?). Since I am 95, if the quarantine is not soon lifted, one of us may be gone!

Sally Bloomer, C-2

This time has been up and down. The only thing that has pleasantly surprised me is that I have lost 5 pounds. Doing two of the exercises on Channel 970 most days, plus my usual walking, has put me in better shape than I have been in years. The exercises help mentally, too.

Gayle Blakeslee, H-11

This week's entertainment was the washing machine failing to spin dry. Broadmead is not, currently, doing this type of repair. Carolyn wondered if, as occurred in 1968, it was panties around the shaft on the agitator. I said, "No," as this problem was located under the tub. A YouTube video showed how to remove the front panel. When I did so, I found several socks that had slipped through the gap over the top of the tub. When I got on my knees and could see the belt, I found—panties! They were tangled in the large plastic gear that spins the tub. Panties removed. Washer now works. Déjà vu all over again.

Bruce Russell, F-11

The pleasant surprise in my life is Zoom. The nine closest family members can talk with one another as if in the same room and see the enlarged face of whichever person

is speaking. I hope this will be a permanent blessing.

A more difficult part of my life is missing walks to the Center, which I had enjoyed two or three times a day. Even more, I miss the Center itself. How do I miss it? Let me tell the ways: the helpful staff at the reception desk (they remain helpful, but I miss their cheerful faces); the Arbor Café staff, always efficient and pleasant; the lounge, with its comfortable chairs and large-print books; the ever-changing display case and East Hall Gallery exhibits; the sad little notices that more friends have passed away; the easy communication, enhanced by bulletin boards and cubbies; and the fitness room. Most of all,

I miss the exercise classes, although the wellness team has done a great job of setting up Broadmead TV and populating it with a nice variety of exercise videos.

Sue Baker, E-6

Back in the fall, when I announced to my friends that I was intending to move to Broadmead, they were surprised that I would leave my horse

farm and charming old stone house for a retirement community. I reassured them that nothing much would change. After all, said I, it's not as if the powers that be would lower the gates and not let me out or them in. Guess I shouldn't have said that! For a while (I arrived in January), all went well. My friends did come to my new digs to check them out, play bridge, and help with decorating ideas. I began meeting other residents and was enjoying dining with people in the Holly Terrace. I was even beginning to remember names. I was still going to luncheons, book club, or out to dinner with friends off campus. Now, how life has changed for all of us! I am sure I will have forgotten any names I had mastered, but I



Broadmead resident G. B. Heron

feel blessed to have made the move in time and am as safe and well cared for as anyone can be in the time of COVID-19, thanks to the hard work of the staff here. While I really miss being on the go, for the time being I will “go with the flow” and look forward to getting acquainted with the real Broadmead once the situation becomes more normal.

Gem Bruner, P-6

Erroll and I have been a bit surprised to find that we so easily tapped into our “inner hermits.” This feels like our honeymoon in some ways, which was the last time in our 57 years of marriage that we spent so much uninterrupted time together. We are finding that we are still compatible, at least most of the time. Having ample opportunity to read has been a joy to me, and having time to play with his photographs on the computer and to watch webinars has made Erroll very happy. Our birdfeeders have provided entertaining scenarios every day, and we both do puzzles, crossword and sudoku. Most of all, of course, we miss our family and other residents whose company we enjoy so much in normal times. The cocktail hours at various garden homes and dinners together in Holly Terrace and Magnolia Room have become memories. Like many of us, we feel lucky to live on this beautiful campus, taking walks to enjoy the spring foliage and to assess the progress of construction. The Chinese blessing/curse “may you live in interesting times” has surely tested all of us during the past three months and will for the foreseeable and unforeseeable future. Since we have no choice but to go through this “interesting time,” we are so grateful to be here at Broadmead.



Stan Wilson and Walter Burnett on the Ridge Trail

When I was teaching first grade in North Babylon, NY, every year, according to the curriculum, I had to teach the word “feat” as an example of the “ea” sound of long “e.” Of course the kids knew what “feet” were, but coming up with an example of what “feat” meant, was a challenge.

This morning, as I stood, bending and stretching across my bed, which is against the wall, to position the fitted sheet into place, I said to myself, “This is a great feat!” At age 87, to be able to change the linen on my bed with ease is a miracle.

Because of the Broadmead TV channel programs, I have been exercising, doing

Qi Gong and yoga every day for over 30 days. As a result of the quarantine, I’m stronger and have more stamina and energy than I’ve had in years. I can stand longer. I have little to no pain or stiffness.

Now, I ask myself, what feat can I accomplish today?

Gwen Marable, M-11

It is 2 a.m. Why am I searching YouTube for videos of military family reunions, pas de deux ballet performances, scenes from movies? What am I looking for? What do these videos have in common? Oh, I see it now. People are touching each other. March 8, on a family visit, was the last time that happened to me. There is not even incidental touch, such as getting my hair cut or my teeth cleaned. I feel like purring when the wind ruffles my hair. I wear my softest clothes. I tuck the covers close around me at night. I have ages of loving touch stored in my memory that I can reclaim whenever I want.

Susan Saunders, K-10

Broadmead CFO explains the FY 2021 budget

By Vernon Wright

Facing the reality of the stay-at-home regulations and respecting the need for social distancing, Chief Financial Officer John Palkovitz took to the Broadmead TV channel and delivered the annual budget presentation from his home office. The balanced budget for the fiscal year (FY) beginning July 1, 2020 has been approved by the Broadmead Board of Trustees.

John said that FY 2021 will be a very active year with ongoing construction, occupancy of the Hillside Homes, completion of the new entrance, and resumption of construction work in the Community Center.

Some budget considerations have been impacted by COVID-19. These include construction delays related to health care space renovation and to the Hillside Homes; delayed move-in assumptions for the Hillside Homes; and adjusted staffing and expense ramp-up for the revised construction timing. Other core budget assumptions were not changed by COVID-19.

The budget was divided into four elements to assist in understanding the changes year over year. These are (1) recurring (normal ongoing operations); (2) strategic initiatives (the strategic plan); (3) the master plan (Hillside Homes and Center for Health and Wellness); and (4) health care bed reduction (Hallowell). Because of the suspension of construction on Hallowell and other COVID-19 issues, and with the approval of the Board, Broadmead has committed to maintaining single occupancy rooms for Broadmead residents in the skilled nursing area and to not admit non-residents. The reduction of available beds has decreased revenue from this source.

The consolidated FY 2021 Broadmead budget has an operating revenue of \$23,257,000 and operating expenses

of \$24,106,000, for a consolidated net operating shortfall of \$849,000. The shortfall is largely the result of the master plan bed reduction budget, which has an operating revenue of -\$711,000 and operating expenses of \$271,000. The net operating margin of -\$982,000 will be covered from Broadmead reserves. After the amortization of entrance fees, investment income, interest, depreciation, and amortization expense, the FY 2021 budget had an excess of revenue over expenses of \$89,000.

Residents' monthly fees will increase by 3.25%. Blakehurst and Edenwald have announced fee increases of 3.9%, and North Oaks, 2.5%. Roland Park Place and Mercy Ridge have not announced new rates. Entrance fees for garden homes in FY 2021 will increase by an average of 5.0%, and the multiplier for the refundable entrance fees will be increased from 1.8x to 1.9x. Both changes will provide Broadmead with additional revenue. Given the current investment market performance, net unrestricted interest and investment income is budgeted at \$490,000.

On the operating expense side, staff costs will increase by \$1.1 million. Salaries, wages and employment taxes are budgeted to increase by \$944,000, including an average employee wage increase of 2.5% and the addition of 12 full time equivalent employees, 10.5 of which are related to the master plan. Benefit costs will increase by \$150,000. Other operating expenses are budgeted to increase by \$540,000.

John's budget video presentation is available on Caremerge under "Videos."

Broadmead Journal of Poetry and Prose

The Broadmead Journal of Poetry and Prose is now accepting submissions of articles and poems for the Fall 2020 issue.

Please email poems or prose articles to broadmeadjournal@gmail.com and dvdd322@gmail.com

Boynton Scholarship winners graduate

By Gwen Marable; photos courtesy of the graduates

This year's graduates are receiving their degrees virtually and look forward to marching across the stage in person before too long.

Maya Jackson received a master of social work degree from the University of Maryland, Baltimore on May 15. She was employed at Broadmead for over three years, first as a community services assistant and then as a marketing assistant. Maya expects to begin a new job as a social worker in August.



Maya Jackson



Keeshawna Nutt

Keeshawna Nutt received a bachelor of social work degree with high honors from Morgan State University on May 16. She has worked in Food Service for eight years.



Rozelle Rich

Rozelle Rich received an associate in science degree in nursing from Pennsylvania College of Health Sciences. She was inducted into nursing's Phi Theta Kappa Honor Society. Rozelle has worked at Broadmead for 14 years, first as a contracted medicine aide and then, beginning in 2009, as an employee working on Taylor and Hallowell.

MaCCRA announces officers for 2020-2021

By Denise Love

July is the start of the Maryland Continuing Care Residents Association's (MaCCRA) new year. The election of officers was scheduled to occur at the Annual Meeting in June.

Since it is unclear at this time when the next meeting will be held, the following slate of officers is presented: President, Denise Love; Vice President, Joanne Goldsmith; Secretary, Judy Sweeney; Treasurer, Marj Espenschade; Membership Chair, vacant.

It is anticipated that the 2021 General Assembly will consider legislation related to both the current pandemic and possible future pandemics. MaCCRA is the voice of continuing care retirement communities in the General Assembly, so it is of utmost importance to maintain open communication with our elected officials and with our legislative liaison. Any MaCCRA member interested in becoming involved with particular legislative issues should contact one of the officers listed above. If you are not currently a MaCCRA member, please contact Denise Love.

Arriving Soon

June 16

Michael & Nora Yaggy, G-3 443-578-8414

June 17

Nancy Karloff, Q-10 402-699-9038

June 24

Wendy McIver, M-7 443-578-8269

June 29

Jeannie Platt, G-1 410-967-4604

July 8

Barbara Kajdi, J-6 443-578-8244

July 15

Robert & Gabriella Youngblood, D-2
443-689-2151

Maryland My Maryland: *How Baltimore became a beer town*

By Sidney Levy, photo by The Baltimore Sun

By 1723, German immigrants were settled along the Chesapeake Bay in the area that would become Baltimore. These early settlers continued the language and culture of the Old World in their new home. In 1783, they formed the German Society of Maryland.

They built breweries and beer gardens styled after those in the country they left. In 1890, the German-born population of Baltimore City peaked at 41,930, or 11 percent of the city's total population of 365,863.

Old-timers may remember the Gunther Brewery, National Bohemian (Natty Boh), or the John F. Wiessner & Sons Brewery (later the American Brewery). Over the years, more than 100 breweries opened and closed, many closing because of Prohibition. Neighborhood taverns opened all around the city, and blue collar workers would stop on the way home for a beer and gossip. On Saturdays, they would send their young sons "up the corner" with a small tin bucket to get some beer for the weekend.

The bar located at 1626 Thames Street, in Fells Point, opened in 1775 and has operated continuously ever since, even during Prohibition. It has been known for many years as "The Horse You Came In On," and at least one Broadmead resident has had a drink or two there. It is also renowned as the

last bar Edgar Allen Poe visited before his death.

Another example of German influence in Baltimore was the Peabody Bookshop and Bierstube, reportedly the first bookshop in the nation with its own beer bar. Austrian immigrant Siegfried Weisberger opened the

store in 1922, at 913 N. Charles Street. A dusty, crowded bookshop was in the front, and the bierstube was in a rear room, where beer and cheese and sausages were served. It had a piano, mounted animal heads on the wall, and wooden tables carved with customers' initials. H. L. Mencken was a regular. Weisberger ran the shop until 1954. New owners took over the property and operated the business until 1986. The City demolished the building in 1997 to make way for a parking lot, an inglorious end to a fabled Baltimore fixture. In a kind of exquisite irony, the demolition of the Charles Street landmark began on the first day of the 1997 Baltimore Book Festival.



American Brewery



Season Ticket Transport

STTS is planning Broadmead transportation next season for BSO-C (Thursday), BSO-F (Friday), BSO-K (Sunday), BSO-POPS (Sunday afternoon), Shriver Hall, Everyman Theater (Friday evening and Saturday afternoon), and Choral Arts Society. Cost to be determined.

For reservations call
Marilyn Mathias: 443-578-8226
or email mimi3311@flash.net

Joe Nietubicz is an unsung hero

By Marilyn Rothstein, photo by Francine Nietubicz

"Shortly after moving here, I decided to volunteer full time, in self-defense, to keep my sanity," Joe Nietubicz quipped in response to a question about why he gives his time so freely. He reads history and enjoys learning the details behind things we take for granted, like "Why did the BRA buy a piano?"

Joe serves Broadmead in many capacities. When asked about his work in the BRA Office, he responded, "I make sure the office doesn't fly away." Assisting people with the copy machine, helping them to make phone calls, and answering their general questions are part of his routine.

Joe has assisted many residents with computer problems. His 60 years of experience in the computer field has given him the tools to help residents with everything from "Why doesn't my mouse work?" to rebuilding crashed computers.

Joe is also digitizing the BRA archives by scanning and cataloging 40 years of BRA documents, including all of the residents' biosketches that were published in the *Voice*. It can be a tedious process, but this history buff finds many things of interest to keep him going. "You can really see the personalities of the people who have lived here come alive when you read this stuff," he says.



and health care providers. For remote appointments to be effective, clear information exchanges are critical. These appointments are particularly challenging for the hearing impaired. But newer technology, using video call applications ("apps") on a tablet such as an iPad, or a laptop or desktop allows the patient and the provider to see each other as they speak. Smart phones can also be used, but they are not as effective.

Some advice for residents: Learn to use platforms such as FaceTime, Zoom, Google Meet, and Skype by practicing with friends. Position the camera on the device above you a bit and angle the camera down, toward your eyes. Adjust the microphone and find the mute button to increase your comfort level with the technology. Earbuds with a built-in microphone (such as AirPods) give the best audio for people able to use them. The appointment will be much more effective when video or audio issues are resolved beforehand.

At the time of your virtual appointment, if using a phone, choose the one with the clearest reception at your disposal. Make sure your device is fully charged, write down a list of issues and questions, and have your current medication list at hand. Sips of water can suppress coughs and improve your voice quality. As the call progresses, do not hesitate to ask for a repeat of anything you do not understand. If you still do not understand, ask again. For people who have difficulty hearing, remind the provider at the start of every appointment that you have a hearing deficit and may ask for information or questions to be repeated.

Ways to help optimize virtual medical visits

By Mary Ellen McMillin

Medical appointments by telephone or video calls are the new norm and will probably continue after COVID-19 lockdowns are lifted. They are convenient for both patients

Corner Cupboard

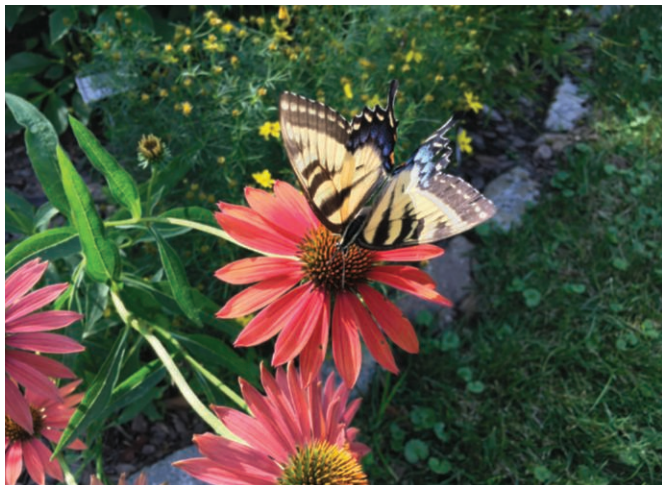
Items from the Corner Cupboard are available only for delivery. An expanded list of available items can be found on Caremerge.

Call x8075 to place an order

Plant coneflower to brighten a summer garden

By Phyllis Hoyer, photo by Kathleen Truelove

Selecting a June-blooming native plant is a daunting task because there are so many options. *Echinacea purpurea*, commonly known as purple coneflower, is a good choice because it offers a preferred nectar source for bees and butterflies. Placed in a sunny spot, it begins flowering in June and continues through August, if deadheaded throughout the summer. (Deadheading is clipping off spent blossoms.) When allowed to form seeds, it will be visited by hungry goldfinches, so leave some spent flowers on the stalk, especially in the fall. While native varieties are preferable, many cultivars are available. Both “Cheyenne Spirit” and “Pow Wow Wild Berry” have been successful on the Broadmead campus.



Coneflower

The war on weeds continues: Creeping charlie

By Kathryn Shelton, photo by Smithsonian Institution

Creeping charlie or ground ivy (*Glechoma hederacea* L.), an invasive weed, is now visible in many Broadmead gardens. It grows vigorously and spreads on the ground, forming dense mat-like patches that push out native plants. It will bloom and grow



Creeping Charlie

throughout the summer if unchecked.

A European native, it was cultivated and used as a flavoring and clearing agent in brewing beer before it was replaced by hops. The plant is still used in herbal medicine for its astringent, diuretic, and stimulant properties. It contains a volatile oil that can be toxic to horses if they ingest large quantities of the plants.

A member of the mint family, it has square stems, opposite heart-shaped leaves with scalloped edges, and a small purple flower. The vines have nodes at each of the places where leaves grow, and these nodes will form roots if they come in contact with the soil. This is part of the reason that it is difficult to pull up all of it. Every rooted node can turn into a new plant if left behind.

Creeping charlie can be removed either by hand pulling or by using a rake when the soil is damp. Smothering, by using several layers of newspaper or a thick application of mulch, or both at the same time, also works. After taking steps to control creeping charlie, keep a close eye out for it to reappear. Immediately remove any small successor plants. These weeds, like all weeds, should be discarded in the trash. They should not be placed in garden material headed to the compost pile.

The Building and Grounds Committee continues to focus on invasive weeds by featuring information on particularly prominent species and methods by which they can be controlled.

Fireside Chat for June was virtual

By Kathleen Truelove

Broadmead is developing a four-phase reopening plan. The plan was described by Robin Somers, CEO, in a virtual Fireside Chat this month, which was previously recorded and shown on the Broadmead TV channel.

Currently, Broadmead is in Phase 1 (restricted). Phase 2 will occur when there have been 14 consecutive days of no new positive COVID-19 test results for staff or residents in Hollowell and Taylor. Phase 3 will begin when there have been no new positive cases for 3 weeks. Finally, in Phase 4, further reopening will be possible.

Ann Patterson, Vice President for Healthcare Services, reported on several staff changes. Nurse Meredith Hudkins has resigned to be at home with her two small children, and Ann is actively looking for a replacement. The new title for that position is Director of Assisted Living. John Beyer has been hired as a social worker. Alexis Inyang is the new health information management associate, and Mary Jane LePard has been appointed as the MDS RN Nurse Manager.

As of June 8, there have been four deaths from COVID-19 among residents, all on Hollowell. Five people have returned to their rooms from the isolation unit and five more are recovering there. The second round of all-staff testing showed no new cases, and the middle of the month will mark 14 days since there has been a positive test. Visits to Taylor and Hollowell are still not permitted. Ann urged all residents to continue to wear masks.

Joyce Malone, Vice President of Facility Services, said that dining deliveries will continue for the foreseeable future. When community dining resumes, seating will be farther apart. Delivery from the Corner Cupboard has been very well received and will continue.

Once Broadmead is virus free for 14 days, management will begin to discuss some changes to services for residents. This will be

a soft reopening, which means that the first steps may include some visitors and vendors being allowed to go to the cluster homes. Some shortened housekeeping services may also be provided, starting with Cluster A and proceeding through the clusters. Cleaning equipment will be sanitized between HMAs' visits to each garden home.

When transportation services resume, shopping trips will be restricted to groups of 10 or fewer. The bus will be sanitized between trips, and everyone will be required to wear a mask. Also, Plexiglas will likely be installed at the front desk and other places where residents interact in the Community Center.

In Memoriam

Charlene Reinke

April 27, 1936 – April 24, 2020

Lois Johnston

November 22, 1929 – April 28, 2020

John Codling

March 6, 1926 – May 9, 2020

Robert Forster

June 27, 1926 – May 13, 2020

Florence Platt

November 6, 1928 – May 15, 2020

Sally Boone

May 6, 1932 – May 25, 2020

Carol McCord

June 9, 1926 – May 31, 2020

Ellen Williams

July 27, 1926 – May 31, 2020

Shirley Richards

June 16, 1924 – June 2, 2020

Kathryn "Kitty" Connor

June 16, 1935 – June 4, 2020

Gail Rinehart

June 6, 1919 – June 6, 2020

BRA Movies for Summer 2020

Shown at 7 p.m. on Channel 970

Tuesday Movies by Peggy Tapley

Saturday Movies by Joe Nietubic

June

Sat., June 20 *Aladdin*

2019 PG 2h 8m

Disney's magic carpet ride is a tale of the street rat Aladdin, the courageous and self-determined Princess Jasmine, and the Genie who may be the key to their future.

Tues., June 23 *On the Beach*

1959 Rating "Approved" 2h 14m

This apocalyptic drama, based on a novel by Nevil Shute, is set in Australia after a nuclear war. The survivors await the arrival of the deadly radiation spreading over the globe.

Sat., June 27 *Tinker Tailor Soldier Spy*

2011 R 2h 7m

In this spy movie, George Smiley is once again hunting for a double agent working for the Soviets, who is now embedded in British intelligence agency MI6.

Tues., June 30 *Amelia*

2009 PG 2h

Most of this story is told in flashbacks as it chronicles the life of Amelia Earhart. Her disappearance over the Pacific Ocean continues to mystify the curious.

Tuesday Movies by Bob and Elborg Forster

Saturday Movies by Jean Wilson

July

Sat., July 4 *The Cotton Club*

1984 R 2h 19m

Harlem's most famous jazz club of the 1930s is the setting for this crime drama, featuring jazz musicians and Gregory Hines's spectacular tap dancing.

Tues., July 7 *Shadrach*

1998 PG 13 1h 30m

When a 99-year old former slave from Alabama shows up at a run-down Virginia farm during the Depression, his request to be buried where he was born begins this moving yet funny film.

Sat., July 11 *Breaker Morant*

1980 PG 1h 47m

The true story of the court martial of three Australian soldiers for alleged war crimes during the Boer War.

Tues., July 14 *Mr. Holmes*

2015 PG 1h 43m

Long retired and near the end of his life, Sherlock Holmes (Ian McKellen) grapples with an unreliable memory as he investigates his last case.

Sat., July 18 *My Brilliant Career*

1979 G 1h 40m

Growing up poor in the Australian outback, Sybylla Melvyn (Judy Davis) dreams of becoming a famous writer. She soon finds she must choose between romantic love and the brilliant career she craves.

Tues., July 21 *Orchestra of Exiles*

2012 Not Rated 1h 25m

A documentary that tells the story of how the violinist Bronislaw Huberman helped save Europe's premier Jewish musicians from the Nazis and then went on to create what would become the Israel Philharmonic Orchestra.

Sat., July 25 *The French Connection*

1971 R 1h 44m

This New York crime thriller features Gene Hackman (the maverick narcotics detective "Popeye" Doyle) and Roy Scheider (his partner, Russo). The film's climax is a high-speed car chase tailing an elevated train.

Tues., July 28 *Immortal Beloved*

1994 R 2h 1m

A biography of Ludwig van Beethoven that builds its narrative around an actual letter found after his death, addressed only to "immortal beloved," one whose identity is still a mystery. Gary Oldman plays Beethoven.

August

**Tuesday Movies by Dot Gustafson
and Barbara Hiscock**

Saturday Movies by Mary Agnes Evans

Sat., Aug. 1 *The Greatest Showman*

2017 PG 1h 46m

An original musical loosely based on the life of P.T. Barnum, a visionary who became a worldwide sensation as a circus impresario.

Tues., Aug. 4 *Intouchables*

2011 R 1h 53m

This French comedy of cross-racial friendship tells the story of a paraplegic Parisian aristocrat who hires a troubled black youth from the projects to be his live-in caretaker.

Sat., Aug. 8 *Saving Mr. Banks*

2013 PG 2h 6m

Walt Disney (Tom Hanks) embarks on what would become a 20-year quest to obtain the movie rights to "Mary Poppins" from its author, P. L. Travers (Emma Thompson).

Tues., Aug. 11 *Young@Heart*

2007 PG 1h 49m

This film documents the rehearsals of the Young@Heart Chorus of Northampton, MA, whose average age is 81. It is a testament to the human spirit and perseverance as they sing classical rock and pop songs for audiences around the world.

Sat., Aug. 15 *Apollo 13*

1995 PG 2h 20m

This space drama starring Tom Hanks tells the story of Apollo 13's trip to the moon. When an oxygen tank explodes, the astronauts and space team must first repair the damage and then recalculate the path for an extremely dangerous re-entry.

Tues., Aug. 18 *Whiplash*

2014 R 1h 47m

A film about an ambitious young jazz drummer at an elite music conservatory and an instructor who is known for his terrifying teaching methods.

Sat., Aug. 22 *Fatal Attraction*

1987 R 1h 59m

Starring Michael Douglas and Glenn Close, this film centers on a married man who has a weekend affair with a woman who refuses to allow it to end.

Tues., Aug. 25 *Lady Bird*

2017 R 1h 35m

A coming-of-age film about a high school senior (Saoirse Ronan) who longs for adventure and sophistication. Her mother maintains a turbulent bond with her daughter.

Sat., Aug. 29 *Grace of Monaco*

2014 Not Rated 1h 43m

The story of former Hollywood star Grace Kelly's crisis of marriage and identity, starring Nicole Kidman. The crux of the action is a political dispute between France and Monaco's ruler Prince Rainier III.



Pickleball is coming to Broadmead

By Tom Seybold

Pickleball is the fastest growing sport in America, especially among older people. According to Andy Switzer, Director of Wellness & Life Enrichment, a pickleball court is planned at Broadmead in the space where the rarely used shuffleboard court is located.

In the meantime, for residents interested in learning to play this fascinating game, instruction will be available at the Jacksonville Senior Center when it reopens. For further information, call 410-887-8208 (the center is located at 3605 A Sweet Air Road, Phoenix, MD 21131). The center's hours are Monday through Friday from 8:30 a.m. to 4 p.m.

Other community resources are available. Local tennis clubs are reserving some indoor court time for pickleball. Outdoor pickleball courts are available at County Home Park in Cockeysville near the library.

For further information, call or email Andy Switzer or Tom Seybold, tksseybold@hotmail.com.

East Hall Gallery and virtually

June: Broadmead Photographers

July: Works by Joyce Griffith

August: Works by Joyce Lister and her class



Clematis at N-9

Voice of the Residents

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